

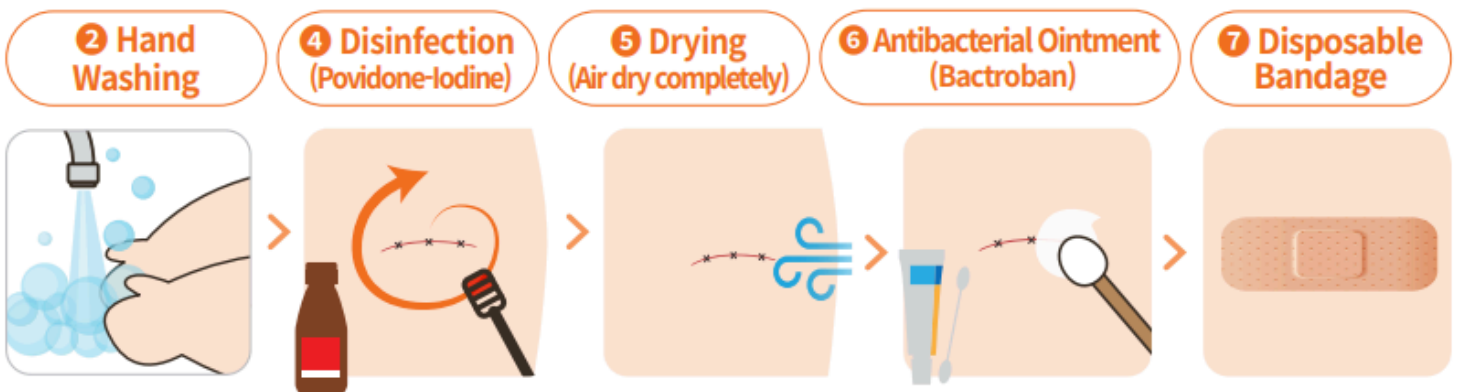
Precautions after Liposuction



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How to Perform Self-Disinfection After Liposuction

- 1 Removing the Compression Garment** | Sit in a clean, safe area and gently remove your compression garment.
- 2 Hand Washing** | Wash hands thoroughly with soap and water or an alcohol-based sanitizer for at least 30 seconds.
- 3 Removing the Bandage** | Carefully remove the bandage covering the incision site.
- 4 Disinfection** | Disinfect the incision area with an antiseptic solution (e.g., povidone-iodine).
- 5 Drying (Air dry completely)** | Allow the disinfectant to air dry completely. Avoid contact with unclean surfaces.
- 6 Antibacterial Ointment (Bactroban)** | If prescribed, apply ointment with a sterile cotton swab. Keep the tube tip clean at all times.
- 7 Disposable Bandage** | Apply a fresh disposable bandage. Do not touch the inner gauze with your hands.
- 8 Showering Instructions** | Allowed after 3 days with a waterproof bandage applied. After showering: Remove the waterproof bandage and disinfect the area again.



- Please return to the clinic for stitch removal approximately 2 weeks after surgery. (To prevent infection, ensure thorough disinfection and complete drying of the area.)
- Disinfect the area once every two days. Replace the disposable bandage once a day.
- Bandage removal and disinfection should be performed one day after the procedure.