Facial Fat Grafting

Post-Operative Precautions & Care



Medication

After discharge on the day of surgery, take the prescribed medication three times a day after meals.



Sleeping Position

For 2 months after surgery, sleep on your back in a straight position.



Facial Cleansing

When washing your face, avoid applying pressure with your hands. Wash gently with minimal stimulation.



Grafted Area

Do not touch, press, or wear items that may put pressure on the grafted area.



Sauna & Hot Baths

Saunas, steam rooms, and hot baths are permitted starting 1 month after surgery.

Facial Thread Lifting

Post-Operative Precautions & Care



Common Post-Surgical Symptoms

Mild swelling and pain may occur for 2-3 days after the procedure. * Taking the prescribed medication will help alleviate these symptoms. Be sure to take your medication as directed.



Facial Care Direction

When washing your face, applying makeup, or performing facial massage, always move your hands from bottom to top (upward motion).

Facial Firming Effect

Skin tightening effects will begin to appear about 1 month after the procedure and become more noticeable from 3 months onward.

Protruding Threads

If a thread slightly protrudes after surgery, do not be alarmed. * Please visit the clinic, and we will assist you by trimming the thread properly.

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